Protective Sun Clothing

Did you know? There are actually clothes out there that have built in SPF to help better protect your skin. Several clothing companies are dedicated to crafting clothing that have an SPF of 50 and block 98% of UVA and UVB rays. They offer a wide range of clothes for women, men and children.

So how does it work? The clothes have SPF built right into the fabric. Covering your skin and having built-in SPF offers maximum protection from the sun. There are several companies to choose from that offer sun-protective clothing. Two very well-known companies are Solumbra and Coolibar. You can purchase shirts, hats, pants, accessories and exercise clothing. Check out their websites below:

Coolibar: www.coolibar.com

Solumbra: www.sunprecautions.com