



## 6 Rules for Making Your Home Life Easier

Living with other people can sometimes be difficult. In his book *How to Win Friends and Influence People*, Dale Carnegie discusses several tips to making life at home, with your spouse or loved ones, easier:

1. **Don't nag.** Nagging is annoying. Make sure they understand what needs to be done, but try not to harass. This can cause a person to become irritated and less likely to do what you are asking.
2. **Don't try to make your partner over.** Let them be who they are. When someone feels comfortable expressing their true self, they will be happier.
3. **Don't criticize.** Instead, encourage and uplift.
4. **Give honest appreciation.** Everyone wants to feel valuable and appreciated. Sometimes all it takes is a simple word of appreciation and gratitude from a loved one to change a person's entire outlook.
5. **Pay little attentions.** Noticing details of someone else's life makes them feel special and lets them know you care.
6. **Do little things useful things for your partner.** If you know your partner hates taking the time to fill the coffee maker with grounds and brew their coffee in the morning, get it all set up for them the night before so when they wake up, all they have to do is hit the power button. Or take out the trash and do the dishes when it's not your turn. Taking time to think about ways to make your partner's life easier will show them how much you care. And doing little things for them can make a huge difference.

Source:

Anthony, R. (n.d.). *How to Win Friends and Influence People*. Retrieved April 27, 2015, from <http://ecclesia.org/truth/friends.html>

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